

TAKE HOME POINTS

1. Identify what's leading up to lustful indulgence on the internet
 - a. Sinning online is preceded by compromise
 - b. It might seem like the sin comes out of nowhere
 - c. Prayerfully consider where you can fight the little battles to avoid the big ones

2. Resolve that no technological convenience is worth sinning against God
 - a. Never place convenience above God's commands for holiness
 - b. Maybe you give up internet access in the home
 - c. Consider staying away from internet surfing or chatrooms
 - d. It could mean going on-line only when you're with other

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3. Examine your mind-set when browsing and the amount of time spent on-line
 - a. Do you only go on-line when feeling lonely or depressed?
 - b. Do you go on-line with your brain in neutral – when your defenses are down?
 - c. Go on-line with a purpose – avoid being aimless

4. Have an accountability partner that consistently asks about your internet activity
 - a. Find someone you respect (of the same gender) who will ask you straightforward questions
 - b. Get a regular commitment for your partner to put you on the spot regularly

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5. Redefine, “Over the line” (It’s not the edge of the cliff)

- a. Recognize that the internet is predatory
- b. Don’t visit questionable sites
- c. Confess visiting questionable sites
- d. Thomas Watson, “A godly man will not go as far as he may, lest he go further than he should”

6. Use website filters, blockers as a final defense, not the first

- a. Do not be too proud to use filters
- b. These do not replace a heart that truly hates sin and desires to please God with filters
- c. Keep your heart convictions in the right place so filters operate as a support

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7. Fight this sin the hardest when you're feeling strong
 - a. People experience "victory" for a season only to gain a false sense of security – and fall again
 - b. "Kick sin when it's down"
 - c. Memorize scripture and pray for God's power – when you're feeling strong