

# TAKE HOME POINTS

## 1. Grieving over life's trials is natural and normal

<sup>ESV</sup> **John 11:35** Jesus wept.

<sup>ESV</sup> **Romans 12:15** Rejoice with those who rejoice, weep with those who weep.

## 2. God's Word should be your chief counselor

- Truth is your sure foundation
- Truth redirects your thinking
- Truth informs your conscience

## 3. The resurrection mingles our sorrow with comfort

- It helps you find perspective
- It considers the past and the future